

5 February 2023

The Fifth Sunday after the Epiphany

8.00am, 9.30 am, 11.15am (BCP) 5pm (BCP Choral Evensong), 6 pm

Let your light shine before others, so that they may see your good works and give glory to your Father in heaven. (Matthew 5.16)



Our new logo (above) shows the iconic outline of St John's church building, with the cross upheld and doors open — inviting people into a deeper relationship with God and each other.

St John's exists to bear public witness to Jesus Christ, the source of life.

PARISH NOTICES

'START UP SUNDAE' FOR KIDS CHURCH AND YOUTH (9.30 SERVICE)

We are delighted to begin our new season of ministry to youth and children. There will be water games and ice-cream sundaes after today's service to celebrate.

With new leaders this year, comes the opportunity to make some changes to the structure of these groups. We welcome your ideas/ suggestions and feedback as we try a few things out this year. We also welcome your assistance! If you are interested in volunteering in this ministry, please contact mary.delautour@stjohnscanberra.org.

2023 OFFERTORIES

As a new year begins, please take some time to consider what regular financial contribution you could make to support the ministry of the parish. We are highly dependent upon consistent (preferably automatic) deposits to sustain and grow our ministry. Bank details are on page 4 of this newsletter.

PARISH ROLL UPDATE

Please take a moment to update your details in our parish roll. You can do so online via this QR code (preferred) – or by completing the details on the back page, detaching and depositing it in the donations box.



FUNERAL FOR ISAAC HAMPTON: 7 FEBRUARY

The funeral for Isaac Hampton (24) will be on **Tuesday 7 February**, 11am. Please keep the Hampton family in your prayers at this sad time.

MAINLY MUSIC 2023

Recommences on **Wednesday 8 February** at 10am. Registrations are now open. If you are interested in attending please email mary.delautour@stjohnscanberra.org. If you can help with morning tea or with greeting and talking with carers/ children, please also email. We would love to have enough volunteers such that it would only require a monthly commitment of 2 hours from each.

'PARADISE LOST' INTRODUCTION: 8 FEBRUARY

Dr Julian Lamb, a lecturer in English literature at University of Wollongong, will give a very accessible introduction to John Milton's epic poem 'Paradise Lost' at 7pm on **Wednesday 8 February** in the Robertson Room. All are welcome, especially those considering joining a Lenten Study exploring the poem. No preparation is necessary, however it would be good to own a copy of Paradise Lost (contact Rev'd Dave if assistance is needed). An email to the parish office indicating attendance would be helpful.

CMS CANBERRA MISSION FOCUS: 10-11 FEBRUARY

Archbishop Kanishka Raffel (President of CMS NSW & ACT), will speak on Isaiah 45-55 and Acts 14-16 under the theme: "To preach the gospel: opening doors and hearts".

February 10-11, at Radford College. Register at <https://cmsnswact.wufoo.com/forms/ry7yuff1pkwyjq/>, and for further information, please visit <https://www.cms.org.au/event/cmf>.

BIBLE FOR BLOKES: 14 FEBRUARY

Begins 10am **Tuesday 14 February** (please note date change) in the Robertson Room; Bring your own bible; cost is \$10 for a study guide on Philippians. Contact Canon Kevin Stone 0450 676 864

'THE FUTURE OF WORK' ONLINE CONFERENCE: 18 FEBRUARY

Canberra is a city where many define themselves according to their work. But churches have often failed to help people integrate their faith with their professional lives. As you begin a new year of work, consider joining us in the Robertson Room on **Saturday 18 February** as we participate remotely in the online conference 'The Future of Work' (hosted by the City Bible Forum). We begin at 10.45am and conclude at 4pm. Register your attendance at the following link: <https://citybibleforum.org/city/page/lifework-conference-2023> (Remember to identify St John's as your church watch party location.)

CONSULTATION ON QUEEN'S TREE: 19 FEBRUARY

There will be a meeting in the Robertson Room at 4:00pm on **Sunday 19 February** to discuss the choice of tree to plant in commemoration of the platinum jubilee of Queen Elizabeth II. All are welcome.

ORDINATION OF NATHANIEL THIERRY AND CHRIS MURRAY: 25 FEBRUARY

On **Saturday 25 February**, Nathanael Thierry and Chris Murray will be ordained at Goulburn Cathedral in a service commencing at 11am. Parishioners are invited to support Nathanael and Chris through their attendance. Nathanael will be hosting a lunch afterwards at the Paragon Café. Please let Nathanael know ASAP if you plan to attend (0401 591 725).

PARISH OPEN DAY: 18 MARCH

We invite all parishioners to join us on **Saturday 18 March** for a parish 'open day', beginning at 3.30pm and concluding with a BBQ at 5pm. This is a chance to become familiar with some of the ministries in our parish, and ways you might like to get involved. All welcome, but this will be especially useful to those who are new to St John's, and/or those who are looking for new ways to serve. More details to follow.

Services next week

Sunday 12 February 2023

8.00am, 9.30 am, 5pm, 6 pm

THE SIXTH SUNDAY AFTER EPIPHANY

Readings: Deuteronomy 10.12-22; Psalm 119.1-8; 1 Corinthians 3.1-9

Matthew 5.21-37

Every Wednesday

10am Eucharist (1662 Book of Common Prayer)

SUPPORTING THE MINISTRY OF THE PARISH

The best way to support our ministry is to (annually) prayerfully consider an appropriate amount, and then set up automatic regular transfers using the following details:

BSB **702 389**

ACCOUNT **0520 9450**

Name **St John the Baptist Reid**

Donations/giving can also be offered using your credit/debit card at our tap donation point located near the baptism font.

CONTACTS

Rector: Rev'd David McLennan (rector@stjohnscanberra.org, 0468 634 351)

Associate Priest (Pastoral Care): Canon Kevin Stone 0450 676 864
(kevin.stone@stjohnscanberra.org)

Curate: Nathanael Thierry (nathanael.thierry@stjohnscanberra.org, 0401 591 725)

Youth Leader: Kirsten Lamb (youth.stjohnscanberra@gmail.com)

Children and Families Worker: Mary de Lautour
(mary.delatour@stjohnscanberra.org)

St John's Care Executive Director: Jason Haines
(executive.officer@stjohnscare.org.au) 6248 7771



St John's Care Programs Manager: Robbie Speldewinde
(programs@stjohnscare.org.au)

Parish Office: 6248 8399

Opening Hours: 9.30am to 2.30pm Tuesday to Friday

admin@stjohnscanberra.org

Sleeping in your car when there is nowhere else to go

D is a new client of St John's Care. They visited the Emergency Relief Centre last week after being encouraged by a friend to do so. After separating from their partner around six months ago, D became homeless after losing their job a few days before Christmas. D has shared custody of their child, but due to being homeless, has not been able to see them for quite some time.

Prior to losing their job, D was renting a room, however once he could no longer pay, he was asked to leave the property. As they had no income, D began sleeping in their car.

At the time of visiting the Centre, D was experiencing a very low mood and was worried about their mental wellbeing, which they felt was deteriorating. They were also worried about when they would be able to see their child next, which was also affecting their mood.

D spent quite a bit of time not knowing what to do and not knowing how to navigate the complex service system to receive support. After a long and drawn-out process with Centrelink that left them without any income for the two-month period, D was finally able to obtain financial assistance from Centrelink. This has helped to alleviate their situation somewhat, however looking for work while living out of a car is posing numerous challenges for D and they are concerned that their financial assistance will be cancelled as they are not meeting their job seeking requirements. There is also no private accommodation options that are feasible when surviving on \$555 per fortnight.

D's current priorities are to get a roof over their head so that they may see their child, as well as seeking support with their mental health so that they can become well again.

When D attended the Centre, we were able to supply food, clothing and bedding. We also assisted D by seeking supported accommodation for them. Unfortunately, there was no accommodation vacancies at the time, but at the very least, D is now on the wait list and will be prioritised due to sleeping rough. In addition, we were able to set up an appointment with D's GP, who agreed to bulk bill them while D is experiencing homelessness and financial hardship.

D's case made me reflect on the number of people that we are seeing who are experiencing significant financial hardship at the moment. The ever-increasing cost of living is placing more and more strain on both singles and families, particularly those already under significant financial strain. Many are being placed at risk of homelessness and several are being pushed into homelessness. We are finding that, the people that we are seeing more of, are not necessarily of the demographic that we would usually see—increasingly, we are seeing people with jobs (including well-paying ones) presenting as they cannot afford to purchase food or pay for their accommodation or utilities expenses. The demand for our services appear to be growing each day.

These are hard financial times, and the Canberra community is incredibly fortunate for the generosity of St John's Church and Canberra community. The staff and volunteers at St John's Care thank you for your ongoing support.

Warm regards,
Belinda Ding, Case Manager

Items required: Muesli, Olive oil, Tomato Sauce, Pasta Meals, Deodorant

FOR YOUR ENJOYMENT

Plugged In and Turned On

"You are the light of the world." Matthew 5:14 (NIV)

Based on Matthew 5:14-16 (NIV)



X V F O K U L Y B D S M M O I
M J M B Y D T G Y Q E S X Z A
M Z V M L I E O S L R E L Z R
L P A R C S N O L H L P D I O
I Z V K I C Y D F W I H B S I
G L D A A V S F L Y P N B R F
H B R D K N A W O R L D E Z B
T P I O O H I D D E N E R H L
B C V B O W L T M B S K V C A
O N H P U L A M P U O S X U C
T Y F I J T X R O F P L C V J
P R J D L J I H A Y B C F W R
E I Q L X L E F A T H E R E V
C F M E N S N M U V Z W O B A
X I L R M D R J L I S T A N D

LAMP
WORLD
PRAISE

LIGHT
CITY
HOUSE

BOWL
MEN
FATHER

GOOD
HIDDEN
HILL

DEEDS
SHINE
STAND

St John's Canberra, Parish Roll Sign Up

Please assist us by only filling out this form if you do not have easy access to a computer.

If you do have access to a computer, please email admin@stjohnscanberra.org for a link to the online form.

We are asking for any field with an asterisk (*) to be filled in.

It is appreciated if you complete the form as much as you can.

Title	
First Name*	
Preferred Name	
Middle Name	
Last Name* (Post nominals)	
Would you like a name badge?*	Yes No
(There will be a cost involved in receiving this. Approx \$25)	
Sex	
Congregation*	7am, 8am, 9.30am, 11.15am, 5pm evensong, 6pm, Wednesday
Phone Number*	
Mobile Number	
Email*	
Mailing Address	
Home Address	
	Please turn over.....

Parish Facing Directory

If you would like to be included in a directory to let other general parishioners contact, you please let us know. You also will be able to access a printed copy of this list.

Would you like to be included in, and receive, a parish roll? (This will be distributed in hard-copy only to those included in it.)*	Yes No
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Other

These details are not required to be filled in. If they are filled in it will support us with data and planning.

Date of Birth	
Marital Status	