



# ST JOHN'S

## ANGLICAN CHURCH

# CANBERRA

**28 July 2024**

**Tenth Sunday after Pentecost**

Today's services are at  
7.00am, 8.00am, 9.30am & 6.00pm

'I am the living bread that came down from heaven,' says the Lord. 'Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh..'

John 6.51



Photo by [Dawn McDonald](#) on [Unsplash](#)

***St John's exists to bear public witness to Jesus Christ,  
the source of life.***

## ST JOHN'S OCCASIONAL SEMINARS

Starting in August, Rev'd Andrew will host a series of seminars on various topics. All are welcome, including friends beyond St John's.

(All 7.30 – 9.30 pm on the following Thursdays, in the Roberston Room)

- **August 1<sup>st</sup>:** Some Tips on Right and Wrong  
*An overview of how Christians approach ethics and morality*
- **September 12<sup>th</sup>:** Can an AI take the Eucharist?  
*A theological discussion of artificial intelligence*
- **November 7<sup>th</sup>:** What makes the Good Book Good?  
*An overview of the Bible (and why it cares about good and bad)*
- **November 28<sup>th</sup>:** Living in Meshek: Christians and war  
*The Christian theory of justice in a just war, and whether it still works*

## PARISH NOTICES



**Kids' Church and Youth.** Our 9.30am programs resume today. We encourage families to continue to prioritise worship, making use of the activity sheets provided in the porch.

**Flower roster – urgent need.** Arranging flowers to assist our worship is a special activity that blesses the whole church community, as well as those who visit during the week. Would you like to have a trial run? We have some gaps in the coming roster which need an extra pair of hands - especially for **18 & 25 August, 22 & 29 September, 17 & 24 November** and **5 January 2025**. If we do not receive any volunteers to assist, then the church shall have no flowers for some of these weeks. If you can help, please contact Sanya on 6282 7118 as soon as possible. (Leave message, with name and phone number and the best time to call.)

**Books for Parish Fair.** We are now collecting good quality used books for sale at the Fair in October. We are also looking for good, complete jig-saw puzzles to sell. Please drop any contributions in to the Hall foyer.

**Safe Ministry Training update** The Diocesan Safe Ministry Unit has advised they are upgrading online courses in safe ministry. Their online platform will be unavailable from 5pm Friday 20 September 2024 until its relaunch on Monday 14 October 2024. If you have started an online course, it **must now be completed by 20th September**, or else your progress will be lost, and you will need to complete a new course from the beginning, after 14<sup>th</sup> October.'

**Wednesday 31 July: Bible Study.** Rev'd Vicky's Bible Study continues in the Wild Honey Room at 11.30am.

## UPCOMING EVENTS

**Thursday 1 August: St John's Occasional Seminar #1, 7.30pm** See page 2.

**Saturday 3 August: Working Bee** from 8.30am. Please bring gardening gloves, hat, suitable footwear and any favourite tools, and join us for morning tea afterwards.

**Saturday 3 August: Training.** For those unable to make earlier sessions. Sanctuary team (11.30am) and sidespersons/welcomers (3pm). We meet in the church.

**Saturday 3rd August: SJC Trivia Night!** from 6.30pm St John's Church Hall. \$20 adults, \$10 kids, and come cashed up for the Dessert Auction! Enquiries: [admin@stjohnscanberra.org.au](mailto:admin@stjohnscanberra.org.au)

**Sunday 4th August: Operation Christmas Child display all day** in the hall. See next page.

**Saturday 17 August: Diocesan Missional Convention, 10am-4pm** St Saviours Cathedral

Goulburn. This gathering is an opportunity to hear from English-based, Australian-born

evangelist Glen Scrivener ([speaklife.org.uk](http://speaklife.org.uk)) about how the good news of Jesus connects with our deepest needs. There will be opportunities to learn from each other, and resources to assist with mission. Register at <https://tinyurl.com/SharingHope25> or use the QR code. You may need a Google account; if stuck, email [Andrew.Cameron@stjohnscanberra.org](mailto:Andrew.Cameron@stjohnscanberra.org) with names, number or people, whether you'd use a kids program, and special dietaries (noting that only morning tea is provided, with BYO lunch or buy locally).



**Sunday 18 August: RNSW service.** This year the Royal NSW Regiment will hold its annual service at St John's (11.15am). Regular members of our 11.15 service are invited to attend as normal, as are any other interested parishioners.

**Saturday 24 August: Consecration of Bishop Vanessa.** The Venerable Vanessa Bennett will be consecrated as Bishop in the Church of God to serve as Assistant Bishop at 11.00am in the Cathedral Church of St Saviour's, Goulburn. Please come and if you can.

**Sunday 1 September: Africa Update.** On the day we commemorate the New Guinea Martyrs, the parish missions committee felt it would be good to hear what God is doing in distant parts of our world. Rev'd Patrick Cole is our Diocese's 'Canon Liaison to the Diocese of Jos, Nigeria', coordinating our Diocesan Mission Partnership with the Anglican Diocese of Jos in troubled northeast Nigeria. Patrick has recently returned from a 8-16 May visit, and will provide an update on the joys and challenges faced by the church there. Join us for lunch in the Robertson Room at 12.30pm. RSVP to [admin@stjohnscanberra.org](mailto:admin@stjohnscanberra.org)

**Thursday 12 September: St John's Occasional Seminar #2.** See page 2.

**Thursday 26 September – Monday 30 September: 'Kategoria' Conference.** This Canberra-based conference, run by the Lachlan Macquarie Institute, focusses on the message of Jesus and its engagement with our culture. Christian author and commentator Stephen McAlpine is keynote speaker. Booking details at <https://kategoria.org.au/>

**Saturday 19 October: St John's Community Fair.** There will be stalls, entertainment, tours of St John's and the grounds, and activities for the kids. Ensure this date is in your calendars and, for anyone looking to volunteer contact John Richards at [gjrich@bigpond.net.au](mailto:gjrich@bigpond.net.au).



## Operation Christmas Child 4th August 2024

There are some absolutely beautiful items ready to send – you will be so excited to see them. Imagine the joy of the child who receives the box and has the opportunity to become an adopted child of our great and loving God. Also imagine the joy of the parents who are unable to give their child gifts like these. It's a beautiful way to impact lives and transform communities and a tangible expression of His love for them!

This year we have organized a few options and you will find them displayed in the Hall on Sunday 4 August.

1. You can choose items in the category you want to support and place them straight into the box. To cover the costs this will be \$30.
2. You can choose a category and we will pack the box for you and get it ready to go. Also \$30 to cover costs.
3. You can choose a box with the school and hygiene items in and take it away and add things you would like to send. \$15.00 to cover costs of these items. Will need to be returned by 11<sup>th</sup> August.
4. We will give you a box and you can fill it yourselves. It will need to be returned by 11<sup>th</sup> August so it can be blessed.

Remember there is also a cost of \$12.50 for the boxes to go, so donations towards that would be appreciated. The Church epost machine will be available for donations. Further information Jennifer Lawson 0407 286 572

**ST JOHN'S WELCOMES ALL VISITORS OF ALL KINDS ALL THE TIME!**



*Picture courtesy of Rev'd Andrew Cameron*

## Seeking to walk with our clients through trauma-informed care

This week at St John's Care (SJC) we conducted volunteer training. We considered trauma informed care and self-care. At SJC we endeavour to walk *with* our clients by illustrating respect, compassion, advocacy, and encouragement. This is a partnership with our clients. This partnership is essential to enable SJC to support our clients to work towards leading the life that *they – the client* has determined. So often our clients tell us that they are told *what to do, think and speak*. SJC clients sincerely thank our volunteers and staff for their time to listen and truly care. Importantly clients report that SJC demonstrate care for them as they are, for who they are right now, what is useful to them – right now.

SJC is also available to offer support and referral pathways for a new way forward – when the client determines this. At SJC we acknowledge that the client is the “expert in their life.”

At SJC we work as a team, so to continue to invest in our amazing team, this week we held an introductory session in trauma-informed care and self-care. Many people live with the ongoing effects of past and current trauma. Keeping the

possibility of trauma on our radar means keeping the sensitivities and vulnerabilities of possible trauma survivors in mind. It means being respectful, acknowledging and understanding, empathic and compassionate.

This week a client we shall name as Sally visited SJC for the third week in a row. She talked about her mental health journey and gave consent to speak with other practitioners and services that we are part of her care. Many times, Sally has telephoned or visited SJC and been verbally abusive. Sometimes telephoning for an hour and yelling abuse and emailing abuse. Throughout this time, we have prayed and always been open to Sally visiting the centre for assistance. This week Sally returned to SJC and she was able to request the items that she needed and SJC met her needs at that time. SJC welcomed Sally to return more frequently to enable her to save money for other items, such as large bills. SJC continue to support Sally as she journeys through her mental health struggles.

Kind regards

Wendy, SJC Senior Case Manager

**Items required:** Toothpaste, cooking oil, vegemite, honey, 1L full cream UHT milk

## Upcoming services

### Sunday 28 July

#### Tenth Sunday after Pentecost

**Readings:** 2 Kings 4.42-44; Psalm 141 145.10-18; Ephesians 3.14-21;  
John 6.1-21

- 7am Eucharist (1662 Book of Common Prayer)
- 8am Sung Eucharist
- 9.30am Sunday@9.30 (Kids' Church & Youth Group recommences)
- 6pm stjohns@6

### Sunday 4 August

#### Eleventh Sunday after Pentecost

**Readings:** 2 Samuel 11.26-12:13a; Ps. 51.1-12; Ephesians 4.1-16;  
John 6.24-35

- 8am Sung Eucharist
- 9.30am Sunday@9.30
- 11.15am Choral Eucharist (1662 Book of Common Prayer)
- 6pm stjohns@6 (Praise, Prayer & Proclamation)

### Sunday 11 August

#### Twelfth Sunday after Pentecost

**Readings:** 1 Kings 19:4-8; Psalm 130; Ephesians 4:17-5:2;  
John 6:35, 41-51

- 7am Eucharist (1662 Book of Common Prayer)
- 8am Sung Eucharist
- 9.30am Sunday@9.30
- 5.00pm Choral Evensong (1662 Book of Common Prayer)
- 6pm stjohns@6 (Praise, Prayer & Proclamation)

### Each Wednesday

- 10am Eucharist (1662 Book of Common Prayer)

## SUPPORTING THE MINISTRY OF THE PARISH

The best way to support our ministry is to (annually) prayerfully consider an appropriate amount, and then set up automatic regular transfers using our 'giving' account:

**BSB:**702 389      **ACCOUNT:** 0520 9450      **NAME:** St John the Baptist Reid

### Contacts

<b>Rector</b>	Rev'd David McLennan	rector@stjohnscanberra.org	0468 634 351
<b>Senior Associate Priest</b>	Rev'd Dr Andrew Cameron	andrew.cameron@stjohnscanberra.org	0477 689 421
<b>Curate</b>	Rev'd Anna Krebs	anna.krebs@stjohnscanberra.org	0411 367 817
<b>Honorary Priest</b>	Rev'd Vicky Cullen		0476 777 203
<b>Honorary Deacon</b>	Rev'd Chris Murray		0433 322 206
<b>Youth Leader</b>	Kirsten Lamb	kirsten.lamb@stjohnscanberra.org	
<b>Children &amp; Families Worker</b>	Mary de Lautour	mary.delautour@stjohnscanberra.org	
<b>Sacristan</b>	Jennifer Lawson	jennifer.lawson@stjohnscanberra.org	0407 286 572
<b>Schoolhouse Museum</b>	Jennifer Garden	schoolhouse@stjohnscanberra.org	0414 551 821
<b>Office Administrator</b>	Jane Rose	admin@stjohnscanberra.org	6248 8399
<b>Operations Manager</b>	Alison Hosking	alison.hosking@stjohnscanberra.org	6248 8399
<b>Friends of St John's, Chair</b>	Matthew Neuhaus	friendsofstjohnscanberra@gmail.com	



SJC Emergency Relief Centre 6248 7771

<b>SJC Executive Officer</b>	Jason Haines	executive.officer@stjohnscare.org.au	6248 7771
<b>SJC Operations Manager</b>	Robbie Speldewinde	programs@stjohnscare.org.au	6248 7771

**Parish Office: 6248 8399**

Opening Hours: 9.30am to 2.30pm Tuesday to Friday

[www.stjohnscanberra.org](http://www.stjohnscanberra.org)

45 Constitution Avenue, Reid 2612      GPO Box 219, Canberra 2601

## FOR YOUR ENJOYMENT

### All Day Preaching Dinner On The Grounds Word Search

#### Dinner on the Grounds

When they had all had enough to eat, he said to his disciples,  
"Gather the pieces that are left over. Let nothing be wasted."  
John 6:12 (NIV)

Based on John 6:1-15 (NIV)



M U I X D S J F I Q K Y U G O  
S L Q W K X F B A S K E T W K  
W M O N S E N O U G H D J S V  
N R A U T H O U S A N D I I P  
C H S L T G Y R U L U K I E Z  
T E B W L C M P I B Y F E N P  
J T W E L V E F L T J N I G N  
E A T X A L D S N T H V S A F  
Z S F P C W O E Q I Q E F T Z  
I T T I V P L A K V C B B H F  
X G J E L P E T V E R A O E I  
W F R T C L U O I E G R Y R V  
K S I E J S E P P W S L K K E  
K K B S A W X D O L W E U I Y  
U U D J H T K U Y Z E Y W W Q

TWELVE  
FILLED  
BOY  
PLENTY

FIVE  
LOAVES  
CROWD  
GATHER

FISH  
ENOUGH  
PEOPLE  
SMALL

BARLEY  
JESUS  
EAT  
THOUSAND

THANKS  
GREAT  
BASKET  
PIECES