

Bookings:

To book please indicate two date preferences in the table of dates and complete details overleaf, attach your payment and forward to:

St John's Care
GPO Box 219
CANBERRA ACT 2601

A receipt and letter confirming your booking and workshop date will be forwarded to you.

Cancellations incur a \$50 administration fee.

Workshop Dates 2010:

- Saturday 20 February
- Saturday 20 March
- Saturday 15 May
- Saturday 19 June
- Saturday 14 August
- Saturday 18 September
- Saturday 13 November

Please write "1" in the box next to your first choice, and "2" in your second.

"The Facilitators were so caring and the workshop was fun."

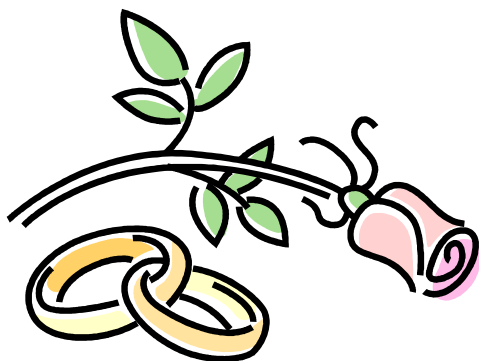
Cost:

\$190.00 per couple covers:

- ♡ A one day workshop including lunch, morning and afternoon teas
- ♡ Reference material

Venue:

Workshops are held in the:
Robertson Room,
St John's Parish Centre,
43 Constitution Avenue, Reid.



Enquiries:

If you have any questions please contact
St John's Care on 6248 7771

or

stjohnscare@velocitynet.com.au
(office hours 9.00am-5.00pm, Mon-Fri)

Making Love Last

Taking the Journey into Commitment



2010

A Marriage and Relationship
Workshop
by
St John's Care

Objectives:

This workshop gives you an opportunity to pause and reflect on the nature and complexity of committed relationships. It provides opportunities to grow in understanding of yourself, your partner and your relationship. The key aims of the workshop are to:

♥ Develop a realistic perspective of relationships

♥ Understand intimate relationships as a vehicle for growth

♥ Explore commitment

♥ Identify the hallmarks of happy, successful, long-term relationships

"I learnt a lot more about my partner's feelings and needs"

"This workshop confirmed we are ready to get married"

"I learnt that the ups and downs we go through are common to other couples too..."

Spirituality is an important part of relationship. However, this workshop does not focus on the religious aspects of marriage. We believe that exploration of this issue is best addressed in discussions with your celebrant.

Content:

- ♥ Who am I in this Relationship?
- ♥ Win/Win Communication
- ♥ Honouring Difference
- ♥ Fighting Fair
- ♥ Maintaining Intimacy
- ♥ 7 Habits of Highly Successful Couples
- ♥ Resources and Support

"I learnt that disagreeing is OK, it's how you deal with it that matters"

"... highlighted issues we hadn't thought to talk about"

Format:

This program is a "work" shop, not a "talk" shop. The groups explore topics through activities, interactive discussions, couple exercises, mini-talks and debriefs.

There is no expectation or need for any individual or couple to disclose personal information. Your comfort is always a guide to your level of participation and the facilitators will respect your choices in this regard.

Bookings:

Wedding Date: ___/___/___

Celebrant: _____

Church/Parish _____

Preferred Workshop Dates

___/___/___

Payment Details:

Payment of \$190

(Cash/Cheque/Credit Card)

Mastercard/Visa

Expiry Date:

Name on Card:

Ms: _____

(Surname) (Preferred Name)

Age: _____

Is this your first marriage? Y/N

Address: _____

Postcode: _____

Phone: (BH) _____

(AH) _____

Mr: _____

(Surname) (Preferred Name)

Age: _____

Is this your first marriage? Y/N

Address: _____

Postcode: _____

Phone: (BH) _____

(AH) _____

Address: (after marriage)

Special Needs? (Access, dietary)

Receipt No: